

ENT OPD CASES (EAR)

General points for ear cases	<ul style="list-style-type: none"> • Point to note <ol style="list-style-type: none"> a. Side Left or right b. Pain c. Discharge d. Hearing loss e. Fullness
Impacted ear wax	<ul style="list-style-type: none"> • E/D WAXONIL 2 Drops X TDS X 7 days • Plan for syringing
Otitis Externa	<ul style="list-style-type: none"> • Examined by tragus sign • Determine type <ol style="list-style-type: none"> a. Localised b. Diffused <p><u>Management</u></p> <ol style="list-style-type: none"> a. Tab Co-amoxiclav 625mg 1 tab TDS x 5 days (DOC in Localised) Or Tab ciprofloxacin 500 mg 1 tab BD x 5 days (DOC in diffused) b. Tab paracetamol 650 mg Or Tab A +P Or Tab Brufen 400 mg Or Tab Diclofenac + paracetamol Or Tab Ultracet (1 Tab BDPC X 5 days) c. Tab pantoprazole 40 mg 1-tab ODAC x 7 days d. Mupirocin ointment

ASOM	<p>To be locally apply BD x 7 day.</p> <ul style="list-style-type: none"> • Treatment according to stages • Ear drops contraindicated • <u>Stage – 1 and 2</u> Tab Azithromycin 500 mg 1-tab ODAC x 5 days Or Tab Co-amoxyclav 625 mg 1-tab TDS x 5 days • <u>Stage – 3 and 4</u> Tab cefixime 200 mg 1 tab BD x 5 days Or Tab cefuroxime 500 mg 1-tab BD X 5 days • Analgesics according to pain • Antacids • N/D Xylometazoline 0.1% 2 drops x TDS x 7 days (ORINASE) • Tab levocetirizine 5mg 1-tab ODHS x 7 days Or Tab Montelukast 10 mg 1-tab ODHS x 7 days Or Combination of both
CSOM or COM	<ul style="list-style-type: none"> • Antibiotics 1st – CO-amoxyclav 625mg 2nd – Ciprofloxacin 500mg 3rd – cefixime 200 mg 4th – cefuroxime 500 mg • Analgesics • Antacids • Anti-histaminic • E/D Otobiotic Or Ciplox-D Or

	<p>Ciplox 2 drops TDS x 7 days</p> <ul style="list-style-type: none"> • Counselling of patient
Traumatic perforation	<ul style="list-style-type: none"> • Prophylactic antibiotics • No ear drops • Nasal drop • Anti-histaminic
Hearing loss	<ul style="list-style-type: none"> • Otoscopic examination • If every thing normal <p>Investigations –</p> <ol style="list-style-type: none"> a. Pure tone audiometry b. Tympanometry <p>Treatment</p> <ul style="list-style-type: none"> • According to findings
Tinnitus	<ul style="list-style-type: none"> • Otoscopy examination • If normal <p>Investigations –</p> <ol style="list-style-type: none"> a. Pure tone audiometry b. Tympanometry
New born hearing assessment	<ul style="list-style-type: none"> • OAE – for screening • BERA – confirmatory
Medical examination cases	<ul style="list-style-type: none"> • Pure tone audiometry • Tympanometry

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